Welcome to all second year students in the College of Engineering! We hope you find this bi-weekly newsletter a helpful resource. Best of luck this semester from COE Undergraduate Academic Advising!

Gear up for the fall semester!

- Review each syllabus to understand policies and important dates.
- Introduce yourself to your professors and visit during their office hours.
- Create study groups with friends and meet weekly to reinforce information learned in class.
- Always think about your health and wellness. Be sure to visit the gym, participate in an exercise class or go for a walk to take a break from your studies. Choose to eat an apple before class for extra energy.

Sophomore Success Strategies

- Check your Husky email daily. Stay connected with University updates and announcements.
- Create a study schedule at the beginning of the semester to establish your routine. Research shows that studying for 2-3 hours for every 1 hour that you are in class leads to success.
- Find study spaces around campus that work best for you. The library, open classrooms, and reserved study rooms are beneficial for individual and group work.

Resource Reminder!

The Disability Resource Center ensures that students with disabilities have equal access to the academic experience at Northeastern. The DRC provides students with appropriate services and can advocate as needed within the wider University community. Visit the DRC in 20 Dodge Hall to discuss what options may be available to you at Northeastern.

http://www.northeastern.edu/drc/about-the-drc/

Boss of Boston: South End

This segment is for those of you who are still adjusting to city life in Boston. By the time your family and friends visit, you will be the boss of Boston!

SoWa Open Market (Shopping) – Boston’s largest celebration of local artists, farmers, chefs, and musicians:

http://www.sowaboston.com/sowa-open-market

Get the Scoop on your Second Year and learn additional strategies for success!

http://www.coe.neu.edu/undergraduate-studies/second-year

Are you interested in contributing to the newsletter? Do you have questions?

Contact Meghan Severance, Academic Advisor, at m.severance@northeastern.edu