Year Two @ NEU

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**Important Fall Semester Dates!**

- **November 23-27**
  Thanksgiving break, No Classes

- **December 7**
  Last day of classes

- **December 8**
  Reading day
  Last day to drop with a “W” grade

- **December 9-16**
  Final exams

- **December 17**
  Final exam make-up day, if needed

- **December 18-January 8**
  Winter break

- **December 20**
  Fall grades visible on myNEU

**Switch Up Your Study Environment**

Find a space where you can be most productive while studying. Ask yourself if you prefer complete silence, background noise, or louder areas. Think about the amount of physical space you desire – do you like a small desk or a large area to utilize all textbooks and notes? Is it helpful for you to meet with other students to discuss ideas or would you like to focus alone? How does your residence hall compare to the second floor of the library? Have you reserved space in the library to work with friends? With finals in two weeks, utilize your prime study environment to help you delve deeper into your studies. Switch it up and find a space that accommodates all of your needs.

**Sophomore Success Strategy: The Power of Note Taking**

10% of a lecture can be remembered solely by memory. However, students who take and review their notes can recall 80% of the lecture. Note-taking in class can reduce forgetfulness by providing assistance with recollection. Whether you take notes on your computer, your iPad or with a pencil and paper, be sure to record information. Within 24 hours of each class, review and rewrite your notes. Gain confidence weeks before the exam by creating questions and visiting your professor or TA for clarification!

**Resource Reminder!**

The Northeastern University Library provides ample space for students to study, dependent on their learning style. You can also gain assistance from research librarians, view archives and print necessary documents. Reserve a group study room to review information with classmates. You can reserve a room through this link:

http://library.northeastern.edu/services/rooms-spaces

**Roadmap to Success Workshop**

Mindfulness for Finals

Does stress get in the way of studying for and taking finals? You’re not alone! This intro to mindfulness training will focus on specific skills to support your peace of mind as you head into this last phase of the semester.

Thursday, December 1
11:45-1:25pm, HT 310

**Wise Words of Wisdom from Husky Engineers**

“Try to build a relationship with your professors so that you can easily ask them for help in a class or even use them as reference.”

- Carl Uchytíl, Mechanical Engineering ‘18

**Just a thought …**

“You will never change your life until you change something you do daily. The secret of your success is found in your daily routine.”

- John C. Maxwell

**Are you interested in contributing to the newsletter? Do you have questions or concerns?**
Contact Erin Schnepp, Academic Advisor, at e.schnepp@neu.edu

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http://www.coe.neu.edu/undergraduate-studies/second-year