Refresh Your Note Taking

Benefits:

- Ability to take notes during and after lecture
- Notes are in your own words
- Review information by rewriting
- Information can be found easily
- Can focus on remembering vocab words, theories, processes, dates and people

Benefits:

- Ability to brainstorm and generate ideas
- Make connections between concepts
- Create illustrations
- Visualize for ease of understanding
- Ability to self-test prior to exam

Benefits:

- Guided sequence between ideas
- Easy to identify main points
- Provides space for all depths of details
- Ability to group details with main points
- Self-test by creating questions out of main points